

### What is BBL PL?

BBL PL is a non-invasive medical system that uses light therapy to eliminate age spots, sunspots, seborrhoeic keratoses, freckles, birthmarks, hyperpigmentation and other unsightly discolourations of the skin. It is based on the same technology as BBL VL, which successfully treats spider veins, port wine stains and other benign vascular lesions.

### How does BBL PL work?

BBL PL generates intense pulsed light, which safely reduces melanin, the dark pigment in the skin, so that pigmented lesions fade, and slowly disappear. Treatment is applied by placing a hand held unit over some cold gel on the skin.

#### What is treatment like?

Treatment involves a pulse of intense light, similar to a flash of a camera. You may feel a slight pinch or snap of a rubber band. No local anaesthesia is required.

### Are there any side effects?

You may experience some short-term side effects. These include slight reddening of the skin and local swelling. This goes away in a few days. In rare instances there may be blistering. Rarely, hypopigmentation or hyperpigmentation can occur. If so, this will only be temporary.

Rare side effects include scarring and permanent discoloration.

## How many treatments are required?

Freckles, age spots and sunspots often clear after one treatment. Other blemishes may take one to three treatments. Each session normally lasts half an hour.

# Are there restrictions on my activity after treatment?

You can return to work the same day and resume all regular activities. You should avoid the sun for a week after treatment and use sunscreen for at least a week afterwards.

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